

# TRANSCRANIAL MAGNETIC STIMULATION (TMS)

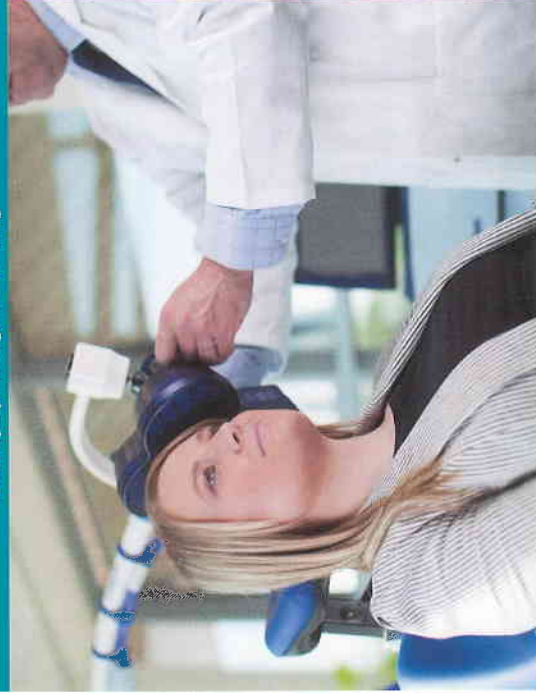
## What is TMS?

An FDA-approved, non-invasive treatment for depression that is revolutionizing the field of clinical psychiatry. It has been used by Healthcare Professionals to treat a range of psychological and neuropsychological disorders. TMS has become an effective treatment for **clinical depression** especially where **other therapies have failed**.

## Garden State TMS

is affiliated with Neuropsychology & Counseling Associates, LLC which has been providing comprehensive mental health services to individuals and families of New Jersey for over 30 years. These services include:

- Individual, Marital, & Family Counseling
- Psychiatric Evaluations
- Medication Management
- Biofeedback Therapy
- Neuropsychological & Psychological Evaluations
- Neuropsychological Testing



## OUR LOCATIONS

### Brick

1683 Route 88 West,  
Brick NJ, 08724

### Freehold

495 Iron Bridge Road,  
Suite 8, Freehold NJ,  
07728

732.840.5266 EXT.7

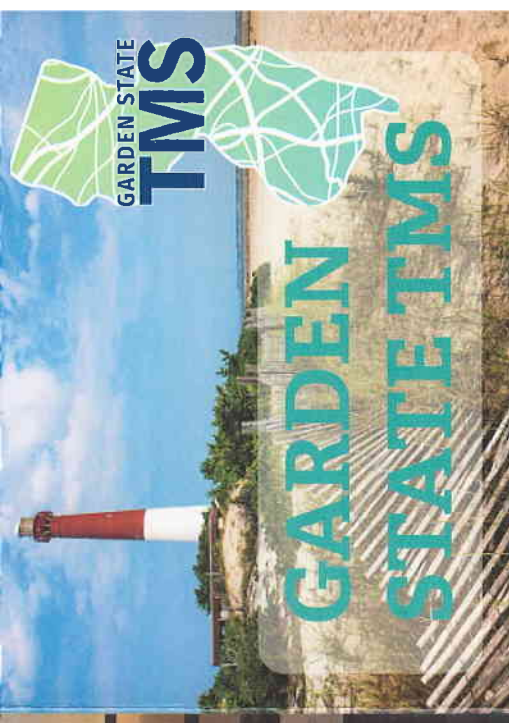
[gardenstatetms@yahoo.com](mailto:gardenstatetms@yahoo.com)

Contact us today to Schedule a  
**FREE CONSULTATION!**

### MORE INFORMATION:

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 [FACEBOOK.COM/GARDENSTATETMS](https://facebook.com/GARDENSTATETMS)

[www.gardenstatetms.com](http://www.gardenstatetms.com)



## A New & Effective Treatment for

# DEPRESSION

- SAFE & EFFECTIVE
- LONG LASTING EFFECTS
- MEDICATION-FREE APPROACH
- OUTPATIENT TREATMENT
- MINIMAL SIDE-EFFECTS
- ACCEPTED BY MOST INSURANCES

## "YOUR ROUTE TO HAPPINESS"

Dr. David Wolff, M.D.

Dr. Theodore Batlas, Psy.D.

# What is the difference between TMS and Antidepressants?

TMS is typically prescribed when antidepressants have failed, or the side effects are intolerable. Antidepressants are systemic, which means that the medication is absorbed into the blood stream. This can cause numerous side effects. TMS is an outpatient procedure with no systemic side effects.

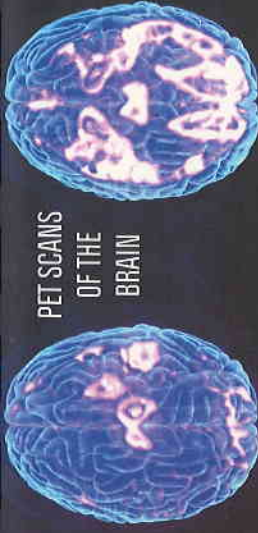
*"After the first few sessions, I began getting up in the morning, looking forward to the day ahead instead of wanting to stay in bed!"*

## Possible Side Effects

TMS is a safe and well tolerated treatment with very few side effects. Clinical studies show that the most common side effects are mild to moderate scalp discomfort and mild headaches, both of which are short term.

In a recent study involving 307 patients - **58% responded positively** to TMS therapy **37% of patients** had their depression recede into remission

	ECT	MEDS	TMS
Anxiety	*	*	
Dizziness	*	*	
Dry Mouth	*	*	
Headache		*	*
Insomnia	*	*	
Nausea	*	*	
Weight Gain		*	
Memory Loss	*	*	



Depressed

After TMS

## HOW DOES IT WORK?

Repetitive Transcranial Magnetic Stimulation (rTMS) is a treatment which stimulates nerve cells in specific areas of the brain. The brief and highly focused magnetic pulses stimulate a region of the brain that is key to mood control. This stimulation is proven to ease depression symptoms and improve mood.

## Is TMS an Option For Me?

- Diagnosed With Major Depressive Disorder?
- Have not benefitted from Multiple Antidepressants?
- Suffer from Negative Side-Effects from Antidepressant Medications?

## WHAT CAN I EXPECT DURING A TREATMENT?

Patients are awake and alert throughout the entire treatment. A trained technician will assist the patient in getting comfortable in a specially designed chair and place a magnetic coil at the treatment site. During treatments, patients are provided with ear plugs and have the choice to read, watch television, or practice meditation. After treatment, you will be able to return to your daily activities.

# WHAT WE OFFER

Our team of mental health professionals have been treating patients in New Jersey for over 30 years. The TMS team will treat and monitor your progress from the moment you begin treatment and will continue even after your treatment concludes. The team goes above and beyond to assist with all patients' needs. They also take pride in staying up to date with all the current research to ensure the best quality of care for each patient.

- **FREE** Initial Consultations
- **FREE** Weekly Support Groups
- Weekly Individual Progress Evaluations
- **Flexible** Scheduling
- **Multiple** Locations
- Genetic Testing
- **Discounted** Maintenance Sessions



Our TMS machines are manufactured by **MAGSTIM** who currently works exclusively with the **Veterans Administration** to help treat Veterans with Major Depressive Disorder and Post-Traumatic Stress Disorder.